


# MARCH 2023 RICH Long-term Care/Skilled Nursing



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>May you have the hindsight to know where you've been, the foresight to know where you are going, and the insight to know when you have gone too far. - Irish Proverb</p>		<p>10:30 am Chair Exercises 10:30 am Torah Study 2:00 pm Karaoke Hour</p>	<p>10:30 am Social Hour 1:15 pm 'The Rollin' Solands in the Grand Foyer</p>	<p>10:30 am Brain Games 2:00 pm Movie Matinee and Popcorn</p>	<p>9:30 am Shabbat Service Afternoon 1 on 1 Visits 2:15 pm Chair Yoga with Natalie</p>
<p>5 Afternoon 1 on 1 Visits 2:30 pm Movie Matinee</p>	<p>6 <b>Erev Purim</b> 10:15 am Arts &amp; Crafts 1:15 pm Live Music with John Diaz in the Grand Foyer</p>	<p>7 <b>Purim</b> Morning 1 on 1 Visits 10:30 am Catholic Mass in the Great Room 2:15 pm BINGO</p>	<p>8 10:30 am Chair Exercises 10:30 am Torah Study 2:00 pm Karaoke Hour</p>	<p>9 10:30 am Social Hour 1:15 pm Birthday Party in the Grand Foyer</p>	<p>10 10:30 am Brain Games 2:00 pm Movie Matinee and Popcorn</p>	<p>11 9:30 am Shabbat Service Afternoon 1 on 1 Visits 2:15 pm Chair Yoga with Natalie</p>
<p>12 Afternoon 1 on 1 Visits 2:30 pm Movie Matinee</p>	<p>13 10:15 am Arts &amp; Crafts 1:00 pm Group Activity</p>	<p>14 Morning 1 on 1 Visits 10:30 am Strolling Club 2:15 pm BINGO</p>	<p>15 10:30 am Chair Exercises 10:30 am Torah Study 2:00 pm Karaoke Hour</p>	<p>16 10:30 am Resident Council Meeting 2:30 pm BINGO</p>	<p>17 <b>Happy St. Patrick's Day Visit from Activities with St. Patrick's Day Spirit</b> 2:00 pm Movie Matinee and Popcorn</p>	<p>18 9:30 am Shabbat Service Afternoon 1 on 1 Visits 2:15 pm Chair Yoga with Natalie</p>
<p>19 Afternoon 1 on 1 Visits 2:30 pm Movie Matinee</p>	<p>20 <b>First Day of Spring</b> 10:15 am Arts &amp; Crafts 1:15 pm Classical Piano with Morgan Staples in the Grand Foyer</p>	<p>21 Morning 1 on 1 Visits 10:30 am Catholic Mass in the Great Room 2:15 pm BINGO</p>	<p>22 10:30 am Chair Exercises 10:30 am Torah Study 2:00 pm Live Music with Ron in Grand Foyer</p>	<p>23 10:30 am Social Hour 2:30 pm BINGO</p>	<p>24 10:30 am Brain Games 2:00 pm Movie Matinee and Popcorn</p>	<p>25 9:30 am Shabbat Service Afternoon 1 on 1 Visits 2:15 pm Chair Yoga with Natalie</p>
<p>26 Afternoon 1 on 1 Visits 2:30 pm Movie Matinee</p>	<p>27 10:15 am Arts &amp; Crafts 1:15 pm Live Music with Me &amp; My Gal in the Grand Foyer</p>	<p>28 Morning 1 on 1 Visits 10:30 am Strolling Club 2:15 pm BINGO</p>	<p>29 10:30 am Chair Exercises 10:30 am Torah Study 2:00 pm Karaoke Hour</p>	<p>30 10:30 am Social Hour 2:30 pm BINGO</p>	<p>31 10:30 am Brain Games 2:00 pm Movie Matinee and Popcorn</p>	<p>Spring adds new life &amp; new beauty to all that is.</p>

\* All activities are subject to change.