

MARCH 2023 RUBIN ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>May you have the hindsight to know where you've been, the foresight to know where you are going, and the insight to know when you have gone too far. - Irish Proverb</p>		<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:00 am Fry's Shopping 10:30 am Torah Study 1:00 pm Around the World 1:45 pm Arts & Craft Class</p>	<p>9:00 am Chair Exercises 9:30 am Chair Yoga 10:00 am Knitting Club 1:15 pm 'The Rollin' Solands in the Grand Foyer 2:30 pm BINGO</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:00 am Brandeis Lecture in the Great Room 1:00 pm Movie & Popcorn 4:45 pm Shabbat Dinner</p>	<p>9:30 am Shabbat Services 12:30 pm Movie Matinee Get some sunshine & fresh air in the courtyard</p>
<p>1:00 pm BBYO Teen program with residents in the Great Room 2:45 pm Movie Matinee</p>	<p>Erev Purim 9:00 am Chair Yoga 9:30 am Exercise w/Adrienne 10:30 am Art Class w/Lois 1:15 pm Music w/ John Diaz 2:30 pm BINGO 5:30 pm Megillah Reading</p>	<p>Purim 9:00 am Chair Exercises 9:30 am Music & Motion 10:30 am Catholic Service 1:00 pm Purim Craft 2:00 pm Wine Sipping Social</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:30 am Torah Study 1:00 pm Out & About Trip 1:00 pm Documentary film</p>	<p>9:00 am Chair Exercises 9:30 am Chair Yoga 1:15 pm Birthday Party in the Grand Foyer 2:30 pm BINGO</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:00 am Brandeis Lecture in the Great Room 1:00 pm Movie & Popcorn 4:45 pm Shabbat Dinner</p>	<p>9:30 am Shabbat Services 12:30 pm Movie Matinee Get some sunshine & fresh air in the courtyard</p>
<p>12:45 pm Movie Matinee 3:30 pm Live Music with Ron Wagner Get some sunshine & fresh air in the courtyard</p>	<p>9:00 am Chair Yoga 9:30 am Exercise w/Adrienne 2:00 pm Brandeis Lecture in the Great Room 2:00 pm BINGO</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:30 am Baking Class 1:00 pm Sing Along 2:00 pm Wine Sipping Social</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:00 am Walmart Shopping 10:30 am Torah Study 2:00 pm Brandeis Lecture in the Great Room</p>	<p>9:00 am Chair Exercises 9:30 am Chair Yoga 1:00 pm Billiards w/Angela 2:00 pm BINGO</p>	<p>Happy St. Patrick's Day 9:00 am Chair Exercises 9:30 am Music & Motion 1:00 pm Movie & Popcorn 4:45 pm Shabbat Dinner</p>	<p>9:30 am Shabbat Services 12:30 pm Movie Matinee Get some sunshine & fresh air in the courtyard</p>
<p>12:45 pm Movie Matinee Get some sunshine & fresh air in the courtyard</p>	<p>First Day of Spring 9:00 am Chair Yoga 9:30 am Exercise w/Adrienne 10:30 am Art Class w/Lois 1:15 pm Classical Piano with Morgan Staples</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:30 am Catholic Service 1 pm Meeting w/Managers 2:00 pm Wine Sipping Social</p>	<p>9am & 9:30 am Chair Exercises 10:30 am Torah Study 10:30 am THA Students in GR 10:45 am Lunch Bunch 2:00 pm Live Music with Ron in Grand Foyer</p>	<p>9:00 am Chair Exercises 9:30 am Chair Yoga 10:00 am Knitting Club 1:00 pm Joyful Movement with Karenne 2:15 pm BINGO</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:15 am Mahjong 1:00 pm Movie & Popcorn 4:45 pm Shabbat Dinner</p>	<p>9:30 am Shabbat Services 12:30 pm Movie Matinee Get some sunshine & fresh air in the courtyard</p>
<p>12:45 pm Movie Matinee Get some sunshine & fresh air in the courtyard</p>	<p>9:00 am Chair Yoga 9:30 am Exercise w/Adrienne 1:15 pm Live Music with Me & My Gal 2:30 pm BINGO</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 1:00 pm Sing Along 2:00 pm Wine Sipping Social</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:30 am Torah Study 1:00 pm Documentary</p>	<p>9:00 am Chair Exercises 9:30 am Chair Yoga 10:30 am Yiddish Class 1:00 pm Billiards w/Friends 2:15 pm BINGO</p>	<p>9:00 am Chair Exercises 9:30 am Music & Motion 10:15 am Mahjong 1:00 pm Movie & Popcorn 4:45 pm Shabbat Dinner</p>	<p>Spring adds new life & new beauty to all that is.</p>

* All activities and times are subject to change.

