

# OCTOBER 2021 TYNAN Advanced Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:15 am Sing Along 1:30 pm Mid-afternoon Snack 1:45 pm BINGO	9:15 am Music & Motion 12:45 pm Chair Yoga with Natalie
9:15 am Sing Along Visit with Loved Ones	10:00 am Strength Training with Adam 1:30 pm Mid-afternoon Snack 2:00 pm Sing Along	9:15 am Music & Motion 10:00 am BINGO w/ Kim 10:30 pm Catholic Service 12:30 pm Arts & Crafts	9:15 am Sing Along 9:45 am Live Piano with Bridgit 12:30 pm BINGO 1:30 pm Nail Salon	9:15 am Joyful Movement with Karenne 10:00 am BINGO w/Kim 2:00 pm Around the World discussion 2:30 pm Arts & Crafts	9:15 am Sing Along 1:30 pm Mid-afternoon Snack 1:45 pm BINGO	9:15 am Music & Motion 12:45 pm Chair Yoga with Natalie
9:15 am Sing Along Visit with Loved Ones 2:00 pm Live Music with Ron Wagner	10:00 am Strength Training with Adam 1:30 pm Mid-afternoon Snack 2:00 pm Sing Along	9:15 am Music & Motion 10:00 am BINGO w/ Kim 12:30 pm Arts & Crafts	9:15 am Sing Along 10:00 am Arts & Crafts 12:30 pm BINGO 1:30 pm Nail Salon	9:15 am Joyful Movement with Karenne 10:00 am BINGO w/Kim 2:00 pm Arts & Crafts	9:15 am Sing Along 1:00 pm Piano Concert with Dr. Lois Wilde 1:30 pm Root Beer Floats	9:15 am Music & Motion 12:45 pm Chair Yoga with Natalie
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<b>Happy Halloween!</b> 9:15 am Sing Along Visit with Loved Ones						

\* All activities and times are subject to change.